



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

BOTA ACADEMIC CONGRESS 2024

IKIGAI **Finding Your Purpose**



PRE-CONGRESS

THE MIDLAND HOTEL
26TH NOVEMBER 2024



CONGRESS

THE EDWARDIAN MANCHESTER
27TH - 29TH NOVEMBER 2024



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

www.bota.org.uk



@bota_uk / @bota_ortho

Contents

Welcome	4
BOTA Committee	5
Pre-Congress: The Midland	6
Map	7
BOMSA: Bones & Beyond	8
Human Factors & Clinical Leadership	9
FunOrtho STRIVE	10
PGO FRCS Viva	11
Pre-Congress Faculty	12
Congress: The Edwardian Manchester	13
Layout	14
Day 1	15
Day 2	16
Day 3	17
Specialist Societies	18-23
Congress Faculty	24
Trainer of The Year 2024	25
Sponsors	26-32
Affiliates	33-34
Festive Pub Quiz ft Let's TalkDr	35
Gala Dinner	36
Charities	37
AGM	38



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Welcome to BOTA Congress 2024



Hello!

Welcome to the 2024 BOTA Academic Congress!

Set up in 1987, the British Orthopaedic Trainees Association (BOTA) has grown from strength to strength and has increased from the founding 45 Senior Registrars to the current number of over 1500 members; a testament to our strong and successful specialty.

This year's BOTA congress is set in the bustling and dynamic city centre of Manchester. Our Pre-Congress Courses and Charity Gala Dinner are in the iconic Grade II listed Midland Hotel. Fun fact, this hotel is where Charles Rolls and Henry Royce first met, leading to the formation of Rolls Royce Limited in 1904. There is also a Rolls Royce at the entrance of the venue. A pic for the gram!

Our Main Congress is in the renowned Grade II listed Free Trade Hall, home to The Edwardian Manchester Hotel. This historic venue was previously home to the Hallé Orchestra and has hosted many concerts by artists such as Bob Dylan, Genesis and Simon & Garfunkel during the 20th century.

The BOTA Congress 2024 looks forward to building upon last year's success and this year's theme is Ikigai: Finding Your Purpose. Ikigai means "a reason for being". This beautiful Japanese concept refers to achieving the perfect balance of skills, knowledge and activities that you love, are good at, can get paid for and what the world needs. It is this combination that brings value and joy to life!

BOTA is determined now more than ever to help support its members develop their passions and find their true selves in the career paths that they envision for themselves, whilst building a stronger and more cohesive community.

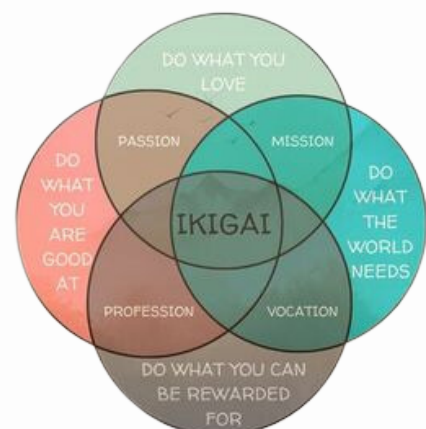
The programme for this year is full of fantastic sessions, inspiring speakers and exciting hands-on workshops, coupled with an entertaining social programme including our ever popular Pub Quiz and Gala dinner. There will, of course, be plenty of networking opportunities!

We are excited to welcome you to the annual showpiece of the BOTA calendar. As always, we value your opinions and we will be in touch after the event to ask you to complete a short questionnaire to provide your feedback.

We hope you enjoy the Congress!

All the very best!

Charmilie Chandrakumar
BOTA Congress Chair
On behalf of the BOTA Committee



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

BOTA Committee 2023 - 2024



Mx Karen Chui
President
ST6, Stanmore



Mr Adrian Andronic
Vice President + Treasurer
Post-CCT Fellow, Coventry



Mr James Chowdhury
Secretary
Post-CCT Fellow, Bristol



Mr Abhinav Singh
Immediate Past President
ST6, North West London



Miss Charmilie Chandrakumar
Congress Chair + Education Rep
ST5, South East London



Mr Kumar Dash
SAC Rep
ST8, Wales



Mr James Archer
Academic Rep
ST8, West Midlands



Mr James Allen
Webmaster
ST6, North Yorkshire



Miss Alice Campion
WOC Rep
ST6, Severn



Mr Marios Ghobrial
Publicity Rep
ST4, East of England



Miss Sophie Donoghue
Women in Surgery Rep
ST4, Peninsula



Mr Jagdeesh Nijher
Northern Ireland Rep
ST6, Northern Ireland



Miss Clara Miller
Wales Rep
ST6, Wales



Mr Dom Waugh
Scotland Rep
ST4, Scotland



Mr Oliver Townsend
Sustainability & Workforce Rep
ST6, Wessex



Miss Sally Rankin
Junior Rep
CT2, Severn



Mr Vasudev Zaver
Culture & Diversity
ST4, Mersey



Dr Sophie Heppenstall
BOMSA Rep
F1, London



Miss Kate Atkinson
Immediate Past Vice President
ST7, Royal London

Conference Sub-Committee



Mr Kem Ekpo
ST5, South East London



Miss Sam Sharkey
ST6, North Yorkshire



Mr Vikram Vignaraja
ST5, South East London



Mr Raashad Hasan
ST6, Royal London



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

PRE-CONGRESS COURSES

THE MIDLAND HOTEL

26TH NOVEMBER 2024



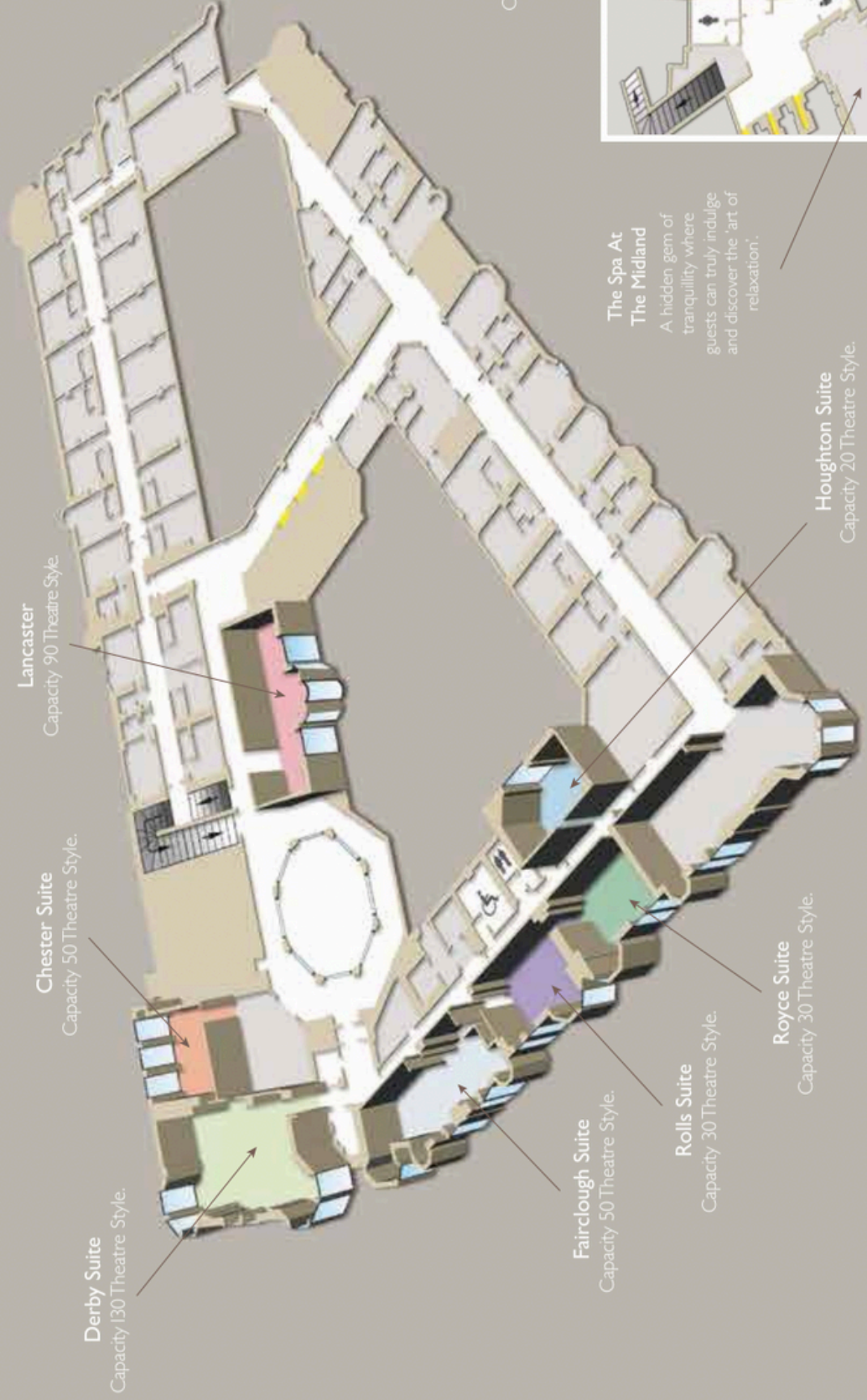
BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION



HOTEL MAP - FIRST FLOOR

THE MIDLAND
Manchester



Lancaster
Capacity 90 Theatre Style.

Chester Suite
Capacity 50 Theatre Style.

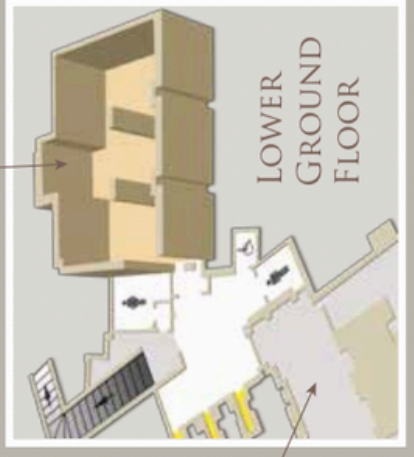
Derby Suite
Capacity 130 Theatre Style.

Fairclough Suite
Capacity 50 Theatre Style.

Victoria Suite
Capacity 80 Theatre Style.

The Spa At The Midland
A hidden gem of tranquility where guests can truly indulge and discover the 'art of relaxation'.

Houghton Suite
Capacity 20 Theatre Style.



Royce Suite
Capacity 30 Theatre Style.

Rolls Suite
Capacity 30 Theatre Style.

Bones & Beyond

Lancaster Suite

08:00 - 08:30	Registration		
08:30 - 08:45	Welcome Dr Sophie Heppenstall		
08:45 - 09:15	Principles of Fracture Management Mr Vasudev Zaver		
09:15 - 09:45	Managing an On-call Mr Krishan Kulkarni		
09:45 - 10:30	External Fixation	DHS	Cementing
10:30 - 10:45	Break		
10:45 - 11:30	External Fixation	DHS	Cementing
11:30 - 12:15	External Fixation	DHS	Cementing
12:15 - 12:45	General Orthopaedic Traumatology Mr Anil Haldar		
12:45 - 13:30	Lunch		
13:30 - 14:00	Careers: FY-ST3+ Mr Naadir Nazar, Mr Ben Sephton, Miss Charmilie Chandrakumar		
14:00 - 14:45	CV	Research	Leadership & Education
14:45 - 15:00	Break		
15:00 - 15:45	CV	Research	Leadership & Education
15:45 - 16:30	CV	Research	Leadership & Education
16:30 - 16:45	Close		

BOTA Lead Dr Sophie Heppenstall

Consultant Chair Mr Anil Haldar

Faculty

Mr James Archer, Mr Kumar Dash, Mr Oliver Townsend, Mr Marios Ghobrial
Mr Sam Marsden, Mr Ben Jones



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION



BOMSA

British Orthopaedic
Medical Students Association

Workshops sponsored by

Heracus  **DePuy Synthes**
THE ORTHOPAEDICS COMPANY OF Johnson & Johnson

Human Factors & Clinical Leadership

Fairclough Suite

08:30 - 09:00	Registration
09:00 - 09:10	Introduction & Why Human Factors is Important?
09:10 - 09:30	Ice Breaker
09:30 - 09:50	Situational Awareness
09:50 - 10:50	Situational Awareness - Breakout Groups
10:50 - 11:10	Break
11:10 - 11:30	Decision Making
11:30 - 12:30	Decision Making - Breakout Groups
12:30 - 13:10	Lunch
13:10 - 13:30	Resilience
13:30 - 14:30	Dealing with Failure - Breakout Groups
14:30 - 14:50	Break
14:50 - 15:10	Managing Conflict
15:10 - 16:10	Managing Conflict - Breakout Groups
16:10 - 16:30	Q&A, Debrief & Reflections

Faculty Mr Lawrence Moulton, Mr James Tomlinson, Miss Claire Carpenter, Miss Emily Baird

BOTA Lead Miss Sally Rankin



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

FunOrtho STRIVE

Victoria Suite

08:45 - 09:00	Registration
09:00 - 09:05	Welcome Miss Sam Sharkey
09:05 - 09:20	FRCS & CCT: What I Wish I Knew Mr James Archer
09:20 - 09:35	FRCS: Tips & Tricks Mr Paul Cowling
09:35 - 10:00	NIHR Research Initiatives Miss Holly Monaghan
10:00 - 10:15	FRCS & Optimising Training Q&A
10:15 - 10:30	Break
10:30 - 11:30	Trauma Meeting Mr Lucky Jeyaseelan, Mr Paul Cowling, Mr Jeya Palan, Mr Will Chellam
11:30 - 12:30	Clinical Examinations for FRCS - Hands, Paeds, Hips, Knees, Foot & Ankle Mr Zubair Saeed, Miss Laura Deriu, Mr Jeya Palan, Mr Lucky Jeyaseelan
12:30 - 13:15	Lunch
13:15 - 14:15	Clinical Examinations for FRCS - Hands, Paeds, Hips, Knees, Foot & Ankle
14:15 - 14:30	Break
14:30 - 15:00	Surviving Major Trauma Miss Sharon Scott
15:00 - 15:30	Surviving Oncology Prof Tom Cosker
15:30 - 16:00	Surviving Paediatric Trauma Miss Laura Deriu
16:00 - 16:30	Surviving Spinal Trauma Mr James Tomlinson
16:30 - 16:45	Close



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Course Lead
Consultant Chair

Miss Sam Sharkey
Mr Lucky Jeyaseelan



FUNDAMENTALS OF
ORTHOPAEDICS

PGO FRCS Viva

Derby Suite

08:45 - 09:00	Registration
08:45 - 09:00	Welcome Mr Paul Banaszekiewicz
09:00 - 11:00	Oral Examination: 5 stations
11:00 - 11:15	Break
11:15 - 13:15	Oral Examination: 5 stations
13:15 - 14:00	Lunch
14:00 - 15:40	Clinical Examination: 4 stations
15:40 - 16:00	Break
16:00 - 17:15	Clinical Examination: 3 stations
17:15 - 17:30	Close

Chair Mr Paul Banaszekiewicz

Course Leads Miss Vittoria Bucknall & Mr Matt Brown

Faculty Mr Mike Reidy, Mr Joseph Alsousou, Miss Fiona Ashton, Mr Alexander Durst
Mr Francis Brooks, Mr Christopher Ghazala, Miss Andrea Nicolas
Miss Emily Baird, Mr Alastair Faulkner, Mr Adrian Andronic
Mr James Chowdhury, Mr Abdalla Enayet Mohammed
Mr Kenny Igbokwe, Miss Holly Burton



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Postgraduate Orthopaedics

Pre-Congress Faculty



Dr Sophie Heppenstall
F1, London



Mr Anil Halidar
King's College



Mr James Archer
ST8, West Midlands



Mr Kumar Dash
ST8, Wales



Mr Benjamin Sephton
ST6, North West



Mr Oliver Townsend
ST6, Wessex



Mr Sam Marsden
ST5, Mersey



Mr Ben Jones
ST5, Mersey



Miss Charmilie Chandrakumar
ST5, South East London



Mr Marios Ghobrial
ST4, East of England



Mr Krishan Kulkarni
ST4, North West



Mr Vasudev Zaver
ST4, Mersey



Mr Naadir Nazar
CT1, London



Mr Lawrence Moulton
Cornwall



Miss Clare Carpenter
Cardiff



Mr James Tomlinson
Sheffield



Miss Emily Baird
Edinburgh



Mr Paul Cowling
Leeds



Miss Holly Monaghan
NIHR



Mr Lucky Jeyaseelan
Royal London



Miss Laura Deriu
Leeds



Mr Will Chellam
Manchester



Mr Jeya Palan
Leeds



Mr Zubair Saeed
Harrogate



Miss Sharon Scott
Liverpool



Mr James Tomlinson
Sheffield



Prof Tom Cosker
Oxford



Mr James Archer
ST8, West Midlands



Miss Sam Sharkey
ST6, North Yorkshire



Mr Paul Banaszekiwicz
Newcastle



Miss Vittoria Bucknall
Liverpool



Mr Matt Brown
Edinburgh



Mr Mike Reidy
Aberdeen



Mr Joseph Alsousou
Manchester



Mr Alex Durst
Cardiff



Miss Emily Baird
Edinburgh



Mr Francis Brooks
Cardiff



Mr Christopher Ghazala
Newcastle



Miss Andrea Nicolas
Newcastle



Mr Adrian Andronic
Fellow, Coventry



Mr James Chowdhury
Fellow, Bristol



Miss Fiona Ashton
Fellow, Derby



Mr Alastair Faulkner
Fellow, Glasgow



Mr Abdalla Enayet Mohammed
Registrar, Newcastle



Mr Kene Igbokwe
Registrar, North East



Miss Holly Burton
CT2, Northern



Human Factors & Clinical Leadership



FUNDAMENTALS OF ORTHOPAEDICS

Postgraduate Orthopaedics



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

CONGRESS

THE EDWARDIAN MANCHESTER

27TH-29TH NOVEMBER 2024



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

The Edwardian

	Location	Floor
Registration Late*	Hotel Entrance Hallé Lounge Entrance	0 2
Refreshments	Hallé Lounge	2
Quiet Room	Room 12	3
Lectures	Hallé Suite	2
OTS Junior Workshops	Rooms 15-16, 17, 19-20	4
OTS Senior Workshops	Room 4, Hallé Suite, Room 18	1, 2, 4
Dragons' Den	Room 4	1
Let's Talk Dr	Room 4	1
BOFAS Workshops	Rooms 15-16, 17	4
BSSH Workshops	Rooms 18, 19-20	4
BASK Workshops	Rooms 15-16, 17	4
FunOrtho Junior Stream	Rooms 15-16, 19-20	4

*Please note rooms can be subject to change.

All sessions that are in white boxes on the timetable will take place in the Hallé Suite and be recorded and be available on MedAll.



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Day 1

Wednesday 27th November

08:00 - 09:00	Registration	
09:00 - 09:30	BOTA & BOA Presidential Welcome Mx Karen Chui & Mr Mark Bowditch	
09:30 - 10:00	RCS Edinburgh - Diamond Sponsor Ms Claire Edwards	
10:00 - 11:15	Ikigai Mr Hiro Tanaka	
11:15 - 11:40	Break	
11:40 - 12:15	OrthoHub Mr Pete Bates, Mr Kash Akhtar & Prof Len Funk	
12:15 - 12:40	Bioventus - Platinum Sponsor Mr Andy Harrison	
12:40 - 13:10	Code of Conduct Prof Deborah Eastwood & Mrs Marieta Franklin	
13:10 - 14:00	Lunch	Collaborative Networking
14:00 - 14:05	OTS Introduction Mr Nate Ahearn & Miss Sam Sharkey	
14:05 - 14:45	From Easy Trauma to Wu Wei: My Ikigai, Kaizen & Kintsugi Mr Lee Van Rensburg	
14:45 - 15:30	Senior FRCS Cases	Junior Workshops
15:30 - 15:45	Break	
15:45 - 16:30	Senior FRCS Cases	Junior Workshops
16:30 - 17:15	Senior FRCS Cases	Junior Workshops
17:15	Close	



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

**O
T
S**

Mr Nate Ahearn, Mr Ash Vasireddy, Mr Karthik Karuppaiah, Mr Pete Bates, Miss Jo Round
Miss Lynn Hutchings, Mr Lee Van Rensburg, Miss Emily Mounsey, Miss Felicity Pease
Mr Lucky Jeyaseelan, Mr James Chowdhury, Mr James Archer, Mr Kumar Dash
Miss Sam Sharkey, Mr Raashad Hasan

Day 2

Thursday 28th November

07:00 - 08:00	5K Run	
08:00 - 09:00	Registration	
09:00 - 10:20	Lions' Den (WOC)	Dragons' Den
10:20 - 10:35	Trainer of The Year (TOTY) Nominees	
10:35 - 10:55	Break	
10:55 - 12:20	BOFAS Lectures	Let's Talk Dr Mr Rishi Dhir
12:20 - 13:00	Lunch	
13:00 - 14:25	BSSH Lectures	BOFAS Workshops
14:25 - 15:50	BASK Lectures	BSSH Workshops
15:50 - 16:05	Break	
16:05 - 17:30	Coroner's Court Ms Leila Benyounes & Mr Simon Britten	BASK Workshops
17:30	Close	

Lions' Den Miss Fortunate Mudede, Prof Simon Graham, Miss Deepa Bose

Dragons' Den Prof Deborah Eastwood, Prof Xavier Griffin, Prof Leela Biant, Mr Alex Liddle, Mr Abhinav Singh

BOFAS Mr Matt Welck, Prof Jit Mangwani, Mr Krishna Vemulapalli, Mr Nick Cullen
Mr Lucky Jeyaseelan, Miss Lucy Cooper, Mr Yaser Ghani

BSSH Mr Alistair Hunter, Mr Ian McNab, Miss Ladan Hajipour, Mr Ramon Tahmassebi, Mr Zaf Naqui
Mr Karthik Karuppaiah, Mr Rupert Wharton, Mr James Kennedy, Mr Kalpesh Vaghela

BASK Mr James Fountain, Mr Jaison Patel, Mr Alex Charalambous



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Day 3

Friday 29th November

09:00 - 09:30	Registration	
09:30 - 10:00	SAC, SDG & FRCS Updates	
10:00 - 10:30	4 Winning Presentations BJJ Prize	FunOrtho Junior Stream Optimising Training Mr Lucky Jeyaseelan & Ms Laura Deriu ST3 Interview Layout Mr Amogh Patil
10:30 - 11:00	Treasurer Update & BOTA AGM	
11:00 - 11:15	Break	
11:15 - 12:15	Planning Fellowship	ST3 Mock Interviews/ Portfolio Clinic/ Trauma Cases
12:15 - 13:15	Lunch	
13:15 - 15:00	The New Consultant Job Planning, Setting Up Private Practice National Consultant Information Panel Additional Careers	ST3 Mock Interviews/ Portfolio Clinic/ Trauma Cases
15:00	End	

SAC, SDG & FRCS Updates

Ms Deepa Bose, Miss Laura Hamilton & Mr Paul Partington

FunOrtho Junior Stream

Mr Raashad Hasan, Ms Samantha Sharkey, Mr Vikram Vignaraja, Mr Kem Ekpo, Mr Tien Yeoh
Mr Lucky Jeyaseelan, Prof Deborah Eastwood, Mr Krishna Vemulapalli, Miss Deepa Bose
Miss Laura Deriu, Mr Amit Patel, Mr Alex Charalambous, Mr Jaison Patel, Miss Laura Hamilton
Miss Bhavi Patel, Mr Kanatheepan Shanmuganathan, Mr Saeef Haque, Mr Mehdi Al Urzi
Mr Amogh Patil, Miss Sophie Donoghue

Planning Fellowship

Miss Laura Deriu, Mr Amol Tambe, Mr Adrian Andronic, Mr Lee Hoggett, Mr Raashad Hasan

The New Consultant

Miss Deborah Higgs, Mr Mike Henley, Mr Andrew Miller, Mr Piyush Mahapatra



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Specialist Societies



Orthopaedic Trauma Society

Session Chairs: Mr Nate Ahearn & Mr Ash Vasireddy

BOTA Committee Lead: Mr James Allen

The Orthopaedic Trauma Society was launched in August 2013 at the Trauma Symposium. Our aim is to play a key role in maintaining and advancing the standards of orthopaedic trauma in the British Isles. We will achieve this by being:

- A forum for Orthopaedic Trauma surgery in the British Isles.
- The focus for Orthopaedic Trauma research, training and education.
- The organiser of scientific meetings on Orthopaedic Trauma.
- The representative body for British Orthopaedic Trauma to Government, national bodies and organisations, and international organisations.

In addition to the lectures at the BOTA congress, we will be delivering 3 workshops for senior delegates on FRCS cases on paediatric, lower limb and upper limb trauma and 3 workshops for junior delegates on bone healing, nailing and ex-fix practicals.

www.orthopaedictrauma.org.uk



Mr Lee Van Rensburg
Cambridge



Mr Karthik Karuppaiah
King's College



Mr Nate Ahearn
Torbay



Mr Ash Vasireddy
King's College



Miss Lynn Hutchings
Bristol



Mr Pete Bates
Royal London



Mr Lucky Jeyaseelan
Royal London



Miss Felicity Pease
Aberdeen



Miss Jo Round
Southampton



Miss Emily Mounsey
Taunton



Mr James Chowdhury
Leeds



Mr Kumar Dash
Wales



Miss Sam Sharkey
Leeds



Mr Raashad Hasan
Royal London



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Workshops sponsored by



Specialist Societies



Session Chair: Mr Matt Welck

BOTA Committee Leads: Mr Kem Ekpo & Mr Vikram Vignaraja

The British Orthopaedic Foot and Ankle Society started out as BOFSS (British Orthopaedic Foot Surgery Society) an informal society, in 1975, under the Presidency of the late Mr Basil Helal and gained its current charitable status in 1980. It has over 750 members including orthopaedic and foot and ankle surgeons and also affiliate members belonging to various allied health professions. BOFAS has grown into one of the larger subspecialist societies of the BOA and considers itself to be a friendly, dynamic and progressively thinking society with the deep-rooted ideals of promoting the study of, research into and propagation of knowledge in foot and ankle surgery. It directs policy and achieves consensus in the treatment of foot and ankle pathology and allied medical issues. It runs a very successful annual scientific meeting annually which includes instructional components for all levels of seniority.

Talks at BOTA congress include: hallux valgus, pes planus, pes cavus, charcot neuropathy, ankle osteoarthritis (replacement vs fusion) and a career in foot & ankle. Plus, we will have 2 workshops on scarf osteotomy and post malleolus ankle fracture fixation.

www.bofas.org.uk



Mr Krishna Vemulapalli
Queen's Romford



Mr Matt Welck
Stanmore



Prof Jit Mangwani
Leicester



Mr Nick Cullen
Stanmore



Mr Lucky Jeyaseelan
Royal London



Miss Lucy Cooper
Liverpool



Mr Yaser Ghani
Homerton



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Workshops sponsored by



Specialist Societies

BSSH

The British Society for Surgery of the Hand

Session Chairs: Mr Alistair Hunter & Mr Abdul Hassan

BOTA Committee Lead: Miss Charmilie Chandrakumar

The aims of the BSSH are to promote and direct the development of Hand Surgery, to foster and co-ordinate education, study and research in Hand Surgery, and to disseminate knowledge of Hand Surgery among members of the medical and allied health professions. The BSSH sponsors scientific meetings and continuing medical educational courses. Its fellowships, bursaries and research grants support research in Hand Surgery and the training of Hand Surgeons. The Society's journal is the Journal of Hand Surgery (European volume). BSSH is a member society of the European Federation of Societies for Surgery of the Hand (FESSH) and the International Federation of Societies for Surgery of the Hand (IFSSH).

BOTA congress lectures: scaphoid fractures, carpal dislocations, base of thumb OA, dupuytren's and nerve palsies

Congress workshops: tendon repairs, distal radius (Acu-loc 2) and scaphoid (Acutrak) fixation, metacarpal fixation (Acumed hand plating system) and PIPJ Suzuki frame (k-wires).

www.bssh.ac.uk



Mr Ian McNab
Oxford



Miss Ladan Hajipour
Manchester



Mr Alistair Hunter
UCLH



Mr Ramon Tahmassebi
King's College



Mr Zafar Naqui
Manchester



Mr Karthik Karuppaiah
King's College



Mr Rupert Wharton
Kingston



Mr Kalpesh Vaghela
Royal London



Mr James Kennedy
Manchester



Mr Abdul Hassan
ST7, Severn



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Workshops sponsored by



Specialist Societies



BOTA Committee Leads: Mr Vikram Vignaraja & Mr Kem Ekpo

The Association was set up in the early 1980's to represent the knee surgeons within Britain. Since then it has grown to become one of the largest surgical subspecialist organisations, which brings together knee surgeons with the single aim of improving their patient's care. The British Association for Surgery of the Knee represents orthopaedic surgeons who have an interest in knee surgery, or who undertake knee surgery, that have subscribed to, or who have been conferred honorary membership of, the organisation. BASK is based in Britain and is affiliated to the British Orthopaedic Association. The Association provides a forum for research, education and advises on healthcare management for all aspects of knee surgery.

BOTA Congress lectures: assessment of the problematic knee replacement, diagnosis and management of PJI, non surgical pathways and principles of management of peri-prosthetic fractures. Workshops will include complex case based discussions and demonstrations for revision TKR.

www.bask.ac.uk



Mr James Fountain
Liverpool



Mr Jaison Patel
Royal London



Mr Alex Charalambous
Guy's & St Thomas'



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Workshops sponsored by



Specialist Societies



World Orthopaedic Concern

Session Chair: Miss Alice Campion

WOC is a charitable organisation dedicated to improving the standard of orthopaedic, trauma and reconstructive surgery in developing countries.

WOC UK has particular associations with a number of projects in specific developing countries. WOC UK send experienced orthopaedic surgeons to such projects, where their teaching and expertise can be of benefit.

Each project thus requires qualified short-term volunteer surgeons to fill these posts, whilst some further vacancies exist for British orthopaedic surgical trainees which provide experience and approved training in orthopaedics in a developing country situation.

At the BOTA congress, WOC will be hosting the Lions' Den, where delegates can pitch their global surgery initiatives with a chance to win money towards it!

www.wocuk.org



Miss Deepa Bose
Birmingham



Miss Fortunate Mudede
Harare, Zimbabwe



Prof Simon Graham
Oxford & Liverpool



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Specialist Societies



FUNDAMENTALS OF
ORTHOPAEDICS

Session Chair: Mr Raashad Hasan

BOTA Committee Lead: Miss Charmilie Chandrakumar

Fundamentals of Orthopaedics (FunOrtho) is a free online educational programme that delivers Orthopaedic education for surgeons-in-training. Our delivery of education through a virtual platform allows access to training from national leaders in orthopaedic surgery to an international cohort of surgical trainees from over 60 countries.

Since June 2021, we have delivered over 80 sessions - 50+ lectures & 30+ ST3 interview sessions with over >4000 delegates from 65 countries over the years. In addition, we are proud to say we have been a part of >225 successful ST3 applicants' journeys.

FunOrtho is a trainee-led initiative that is chaired by consultants. We are forever thankful to all our faculty for their generosity in giving up their time to help us provide this free and accessible programme.

www.funortho.co.uk



Mr Krishna Vemulapalli
Queen's Romford



Prof Deborah Eastwood
GOSH & RNOH



Mr Lucky Jeyaseelan
Royal London



Miss Laura Deriu
Leeds



Mr Jaison Patel
Royal London



Miss Deepa Bose
Birmingham



Mr Alex Charalambous
Guy's & St Thomas'



Mr Amit Patel
Royal London



Miss Laura Hamilton
Brighton



Mr Raashad Hasan
ST6, Royal London



Miss Sam Sharkey
ST6, North Yorkshire



Mr Tien Yeoh
ST6, South East London



Miss Bhavi Patel
ST6, Thames Valley



Mr Vikram Vignaraja
ST5, South East London



Mr Mehdi Al Urzi
ST5, North West



Miss Charmilie Chandrakumar
ST5, South East London



Mr Kem Ekpo
ST5, South East London



Mr Kana Shamnuganathan
ST4, UCLH



Miss Sophie Donoghue
ST4, Peninsula



Mr Amogh Patil
ST3, Mersey



Mr Saeef Haque
ST3, Percivall Pott



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Workshops sponsored by



THE BUILDING BLOCKS OF ORTHOPAEDICS

Congress Faculty



Mr Mark Bowditch
BOA President 2024 - 25



Mx Karen Chui
BOTA President 2023 - 24



Miss Claire Edwards
RCSEd Council Member



Mr Hiro Tanaka
BOA Honorary Secretary
2023 - 25



Prof Deborah Eastwood
BOA Immediate Past
President 2023 - 24



Mr Simon Britten
BOA Medico-legal
Committee Chair



Mr Pete Bates
Orthohub Director



Prof Len Funk
Consultant Shoulder Surgeon



Mr Kash Akhtar
Orthohub Director



Mr Andy Harrison
Bioventus Director



Mrs Marieta Franklin
Post-CCT Fellow



Ms Leila Benyounes
Barrister, Assistant Coroner
& Recorder



Mr Alex Liddle
Elective SSL



Prof Xavier Griffin
Trauma SSL



Prof Leela Biant
University of Manchester



Mr Abhinav Singh
Paediatric Associate SSL



Mr Rishi Dhir
Founder of Let's Talk Dr



Mr Paul Partington
JCIE & ISB T&O Chair



Miss Laura Hamilton
SDG Representative



Mr Mike Henley
Consultant
Urological Surgeon



Mr Piyush Mahapatra
Open Medical CIO &
Consultant T&O Surgeon



Miss Deborah Higgs
NCIP Orthopaedic
Clinical Lead



Mr Andrew Miller
Consultant T&O Surgeon



Mr Lee Hoggett
PGO x BOTA
Fellowship Awardee



Mr Adrian Andronic
BOTA Vice President
Fellowship Session Chair



Miss Laura Deriu
BSCOS Education Chair



Mr Amol Tambe
BESS Education Chair



Mr Raashad Hasan
BIOS x BOTA
Fellowship Awardee

BOTA Session Chairs

Code of Conduct

Miss Sophie Donoghue

Coroner's Court

Mt James Chowdhury

Dragons' Den
& Winning Presentations

Mr James Archer

SAC, SDG & FRCS
Updates & New Consultant

Mr Kumar Dash

Miss Clara Miller

Pub Quiz Organiser

Mr Dom Waugh



BOTA Gala Organiser
BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Trainer Of The Year 2024



Mr Andrew Cattell
Northern
BOTA TOTY Nominee



Mr Justin Lim
West Midlands - Oswestry
BOTA TOTY Nominee



Mr Peter Loughenbury
North Yorkshire
BOTA TOTY Nominee



Ms Aureola Tong
Wales



Mr Randeep Singh Aujla
East Midlands - South



Miss Caroline Blakey
South Yorkshire



Mr Max Mifsud
Oxford



Mr Alan Norrish
East Midlands - North



Mr James Pegrum
Severn



Miss Ciara Stevenson
Northern Ireland



Mr Sunit Patil
West Midlands - Warwick



Mr Numan Shah
North West



Mr Rob McCulloch
Stanmore



Mr Baljinder Dhinsa
Kent, Surrey & Sussex



Miss Helen Chase
East of England



Mr Peter Domos
Royal London



Mr Jas Daurka
North West London



Mr John Stammers
South West London



Mr Arash Afsharpad
South East London



Mr Lucky Jeyaseelan
Percivall Pott



Mr Wisam Al-Hakim
UCH



Mr Brian Syme
West of Scotland



Mr Alasdair MacInnes
East Scotland



Mr Mo El-Sayad
South East Scotland



Mr Tim Dougall
North of Scotland



Mrs Philippa Thorpe
Mersey



Mr Thomas Moores
West Midlands - Birmingham



Mr Christoph McAllen
Peninsula



Mr Darren Roberts
Wessex



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Diamond Sponsor



THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH

The Royal College of Surgeons of Edinburgh is an independent membership organisation dedicated to the education, training and advancement of surgeons, dentists and individuals throughout healthcare who are involved in the surgical care of patients. The College has a current membership of over 30,000, with members spanning over 100 countries. From our founding in 1505, the College has been committed to the advancement of surgery and driving patient safety standards worldwide.

www.rcsed.ac.uk



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Platinum Sponsor



Active Healing Through Orthobiologics

Bioventus is a global leader of innovations for active healing. Through a combination of internal product development, product/business acquisition, and distribution agreements, we will bring to market products which address a growing need for clinically effective, cost efficient, minimally invasive medical treatments, that engage and enhance the body's natural healing processes.

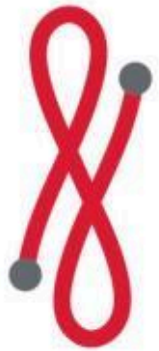
www.bioventus.com



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Gold Sponsors



DePuy Synthes

THE ORTHOPAEDICS COMPANY OF *Johnson & Johnson*

The DePuy Synthes Companies are part of the Johnson & Johnson Family of Companies. We offer one of the world's most comprehensive portfolios of orthopaedic products and services for joint replacement, trauma, spine, sports medicine, cranio-maxillofacial, power tools and biomaterials to advance patient care while delivering clinical and economic value to health care systems worldwide. Our mission is to keep people moving through new advancements in Orthopaedic devices, medical technology, and digital surgery across the continuum of care, we are proud to provide surgeons with solutions as diverse as their patients.

www.jnjmedtech.com/en-GB/companies/depuysynthes



Let's Talk Dr

Bespoke and comprehensive orthopaedic education with pass rates up to 95%. Supporting your education from medical student to consultant, we have a range of courses and training videos at medical student, MRCS, SHO interview, FRCS and consultant level giving you that extra edge for your training through combined principles of knowledge, articulation and conceptualisation.



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

www.letstalkdr.com

Gold Sponsor



For more than 35 years, Acumed has been dedicated to developing fracture solutions to treat indications from the upper to the lower extremity. Acumed's innovative orthopaedic implants range from the original fully threaded headless compression screw to the first and only anatomically shaped radial head prosthesis.

Headquartered in Hillsboro, Oregon, Acumed has a global distribution network with offices worldwide. We are committed to partnering with surgeons and hospitals to provide orthopaedic solutions designed to improve patient outcomes.

www.acumed.net

Silver Sponsor



Royal College
of Surgeons
of England

ADVANCING SURGICAL CARE

The Royal College of Surgeons of England provides world-class education, assessment and development to 30,000 surgeons, dental professionals and members of the wider surgical and dental care teams, at all stages of their career. Our vision is to see excellent surgical care for everyone. We do this by setting professional standards, facilitating research and championing the best outcomes for patients.



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

www.rcseng.ac.uk

Silver Sponsors



THE BUILDING BLOCKS OF ORTHOPAEDICS

LEDA Orthopaedics are a UK medical device distributor, with a focus on innovative, niche trauma implants, hand surgery prostheses and unique, value-add solutions for orthopaedic procedures. We strive to provide exceptional service to the NHS & independent sector, and have excellent relationships with clinicians in many orthopaedic specialties, across the country.

www.ledaortho.com

The Bone & Joint Journal



The British Editorial Society of Bone & Joint Surgery was formed in 1953 for “the advancement and improvement of education in orthopaedic surgery and allied branches of surgery”, achieved through publication of The Bone & Joint Journal, and related activities. The Society also owns and publishes Bone & Joint Research, Bone & Joint Open and Bone & Joint 360. The Society also owns OrthoSearch, an online content discovery tool and OrthoMedia, a global orthopaedic video sharing platform.

www.boneandjoint.org.uk/journal/bjj

B | BRAUN SHARING EXPERTISE

As one of the world's leading medical technology companies, B. Braun protects and improves the health of people around the world. For over 180 years, the family-owned company has been accelerating progress in health care with pioneering spirit and groundbreaking contributions. This innovative strength continues to be the foundation of B. Braun's success today—always with the goal of improving clinical outcomes, cost of care and patient benefits.



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

www.bbraun.co.uk

Silver Sponsors



The CeramTec Group is a worldwide manufacturer of advanced ceramics with an annual revenue in excess of €600 million with over 3400 employees at 19 production sites. CeramTec has over 50 years of experience in the development and manufacturing of ceramic orthopedic and dental implants. CeramTec is a strategic partner at the interface between materials and clinical applications, collaborating closely with customers in the development of innovative designs.

www.ceramtec-group.com/en/



Smith+Nephew's Orthopaedics portfolio includes an innovative range of hip and knee implants used to replace diseased, damaged or worn joints, robotics-assisted and enabling technologies, and services that empower surgeons. It also includes trauma products used to stabilise severe fractures and correct bone deformities.

www.smith-nephew.com



Stryker is one of the world's leading medical technology companies and, together with our customers, we are driven to make healthcare better. We offer innovative products and services in Medical and Surgical, Neurotechnology, Orthopaedics and Spine that help improve patient and healthcare outcomes. Our joint replacement solutions offer you the combination of implants for the hip and, knee along with Mako Robotic-Arm Assisted Technology.

www.stryker.com



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Bronze Sponsors



Arthrex is a global medical device company and leader in new product development and medical education in orthopedics. With a corporate mission of Helping Surgeons Treat Their Patients Better®, Arthrex has pioneered the field of arthroscopy and develops more than 1,000 innovative products and procedures each year.

www.arthrex.com

Welcome to AOUK&I Your journey towards clinical mastery and making a real difference in patient care begins. Our comprehensive range of courses across CMF, Trauma, ORP, VET, and Spine are meticulously designed with your professional growth in mind. Pioneering new approaches in trauma care with AOTrauma, our courses offer you the opportunity to not only expand your knowledge but also to apply it in ways that truly enhance patient outcomes.

www.aouk.org



UKloupes was originally founded in 2009 by dental students for dental students on the ambition that access to dental loupes shouldn't be hindered by price and complex measurements. By eliminating the often costly overheads associated with large companies, UKloupes offers high quality loupes at affordable prices. Along the way, our high quality loupes have attracted interest from dentists, DCPs, specialists and surgeons who now rely on UKloupes to assist their work.

www.ukloupes.co.uk

The Journal of Bone & Joint Surgery (JBJS) has been the most valued source of information for orthopaedic surgeons and researchers for over 125 years and is the gold standard in peer-reviewed scientific information in the field. A core journal and essential reading for general as well as specialist orthopaedic surgeons worldwide, JBJS publishes evidence-based research to enhance the quality of care for orthopaedic patients. JBJS is an independent, non-profit journal.



www.jbjs.org



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Affiliates



British Orthopaedic Association

The British Orthopaedic Association was founded in 1918 with twelve founding members. We now have over 5,000 members worldwide, the majority based in the United Kingdom and Ireland. It is a pivotal organisation within the British surgical scene, representing some 40% of the total surgical workforce.

Membership is made up of Consultants (active or retired), Staff and Associate specialist grades (SAS) and trainees. There are almost 300 overseas members. The British Orthopaedic Association is a registered charity and a company limited by guarantee.

Our vision is a vibrant, sustainable, representative orthopaedic community delivering high quality, effective care to fully informed patients. We seek to achieve this by ensuring that the Government's Health Care reforms take full account of the need for properly resourced and accessible musculoskeletal services. This is important given the UK's demographics and the fact that musculoskeletal disorders account for annual expenditure of some £5Bn: trauma and orthopaedic practitioners really can transform our patients' lives.

Our mission is to advance for the public benefit the practice, art and science of orthopaedic surgery. To do this we have designed a strategy focused on our core objectives of excellence in professional practice, training and education, and research.

www.boa.ac.uk

NIHR | National Institute for Health Research

The NIHR is funded by the Department of Health and Social Care to improve the health and wealth of the nation through research. Working in partnership with the NHS, universities, local government, other research funders, patients and the public - we fund, enable and deliver world-leading health and social care research that improves people's health and wellbeing and promotes economic growth. We are also a major funder of applied health research in low and middle income countries, work that is principally funded through UK government international development funding.

www.nihr.ac.uk



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Affiliates



MedAll

Our vision is of a planet with enough well-trained healthcare professionals.

Who we are

MedAll is a global healthcare education community - our product helps wonderful healthcare organisations to make their healthcare education more accessible to colleagues - whether they live in a rural town or the city centre, whether they live in a low income country or a high income country. It means every clinician - everywhere - has the same opportunity to learn and stay up to date.

Our mission

We're on a mission to train millions more healthcare professionals. We are driven to raise the bar in accessible healthcare training: in low, middle and high income countries. We're focused on building a platform and community that enables healthcare organisations everywhere to deliver - and share - their medical education sessions virtually, hybrid, and on-demand so colleagues everywhere can learn.

Our vision

Having enough highly-trained healthcare professionals is a fundamental requirement in every society. By activating, empowering and enabling a global healthcare education community, our vision is of a planet where every community has enough well-trained healthcare professionals. It means patients in local and global communities get the care they deserve.

www.medall.org



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION



BOTA CONGRESS
SOCIAL



FESTIVE PUB QUIZ



27/11/2024

19:00

THE BIERKELLER MANCHESTER

The Printworks Withy Grove, Manchester M4 2BS



Tickets at £20: www.tinyurl.com/BOTAquiz2024





BRITISH ORTHOPAEDIC
TRAINEES ASSOCIATION

CHARITY GALA DINNER

TICKETS AT £80

28 NOV 2024 | 7 PM
THE MIDLAND HOTEL

BLACK TIE



Royal College
of Surgeons
of England



British
Orthopaedic
Association



Postgraduate Orthopaedics



CAMBRIDGE
UNIVERSITY PRESS



Let's Talk Dr

orthobullets



ROTHBAND

www.tinyurl.com/BOTAGala2024

Charities



Each year, Francis House Children's Hospice touches the lives of over 600 families from across Greater Manchester who are caring for a child/children with a short life-expectancy. We are here for these families through their good days, their tough days, and their last days.

Sometimes the toughest time for parents is not necessarily the end of the child's life, but their journey. When life is short it needs to be of the highest quality and that's what Francis House does best.

www.francishouse.org.uk



Age UK's vision is a world where everyone can love later life. We know it won't be easy getting there, but we believe it's how things should be. With your help, we work every day to make it happen.

Too many older people are living in poverty or just above the poverty line. Too many find themselves without the care and support they desperately need. Too many have no one to turn to. We exist to help older people when they need us the most.

www.ageuk.org.uk



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION

Join the BOTA committee!

Nominations

08:00 29th Oct - 23:59 15th Nov

Voting

08:00 25th Nov - 18:00 27th Nov

AGM

Friday 29th November



For more info visit:

www.bota.org.uk/congress2024



BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION





BOTA

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION